





NATIONAL TEAM OPEN: SERC & POOL

VENUE: GOLD COAST AQUATIC CENTRE SOUTHPORT DATE: WEDNESDAY, 28th AUGUST and THURSDAY, 30th August, 2024

PRELIMINARY COMPETITION PROGRAMME

- **Notes: 1.** There will be on-line briefing by the Chief Referee for Technical Officials and Team Managers. Details and date to be advised
 - **2.** There will be on-line briefings by the Safety Officer for Technical Officials. Details and date to be advised.

TUESDAY: 27th AUGUST

LWC OPENING CEREMONY		VENUE
16h00 – 18h00	Lifesaving World Championships Opening Ceremony	Kurrawa, Broadbeach

WEDNESDAY: 28th AUGUST

NATIONAL TEAMS OPEN SERC COMPETITION

BRIEFINGS	
07h00	Safety Meeting
07h15	Daily Competition Committee Meeting
07h30	Technical Officials briefing by Chief Referee
After last event	EMC/LOC meeting

NATIONAL TEAMS OPEN SERC COMPETITION			
Time	Event	Туре	
11h00	Team Managers briefing by Chief Referee		
11h15	Technical Officials briefing by Chief Referee		
11h30	Opening of Interclub Open Championships		
11h45	Lock-up open		
12h00	Lock-up closes		
12h00	Preparation of pool and Test Run		
12h30	SERC competition	Heats	
15h00	End of Session		
14h30	Lock-up commences for Open Teams finalists		
14h45	Lock-up closes Open Teams finalists	Lock-up closes Open Teams finalists	
14h45	Technical Official briefing by Chief Referee	Technical Official briefing by Chief Referee	
14h30	Preparation of pool and Test Run		
15h30	SERC final for Open Teams	Final	
16h30	Victory Ceremony – Interclub Open Teams		
End of Interclub Teams Open SERC Proceedings			

NATIONAL TEAMS OPEN POOL COMPETITION: DAY 1

BRIEFINGS	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

NATIO	NAL TEAMS: C	OPEN POOL COMPETITION: DAY 1 HEATS	
Time	Gender	Event	Туре
06h30	Warm-up in t	he competition pool	
07h30	Marshalling c	commences	
08h00	Women	200m Obstacle Swim	Heats
	Men	200m Obstacle Swim	Heats
	Women	4 x 50m Obstacle Relay	Heats
	Men	4 x 50m Obstacle Relay	Heats
	Women	Line Throw	Heats
	Men	Line Throw	Heats
Remov	al of obstacles	s, preparation of pool	
	Women	100m Rescue Medley	Heats
	Men	100m Rescue Medley	Heats
	Women	100m Manikin Tow with Fins	Heats
	Men	100m Manikin Tow with Fins	Heats
	Mixed	4 x 50m Mixed Pool Lifesaver Relay	Heats
End of	Session		

Time	Gender	Event	Туре
13h00	Warm-up in t	the competition pool	
13h45	Marshalling of	commence	
14h00	Women	200m Obstacle Swim	B-A Final
	Men	200m Obstacle Swim	B-A Final
	Women	4 x 50m Obstacle Relay	B-A Final
	Men	4 x 50m Obstacle Relay	B-A Final
	Women	Line Throw	B-A Final
	Men	Line Throw	B-A Final
	Victory Cere	Men & Women	
	Victory Cere	emony 4 x 50m Obstacle Relay	Men & Women
	Women	100m Rescue Medley	B-A Final
	Men	100m Rescue Medley	B-A Final
	Victory Ceremony Line Throw		Men & Women
	Women	100m Manikin Tow with Fins	B-A Final
	Men	100m Manikin Tow with Fins	B-A Final
	Mixed	4 x 50m Mixed Pool Lifesaver Relay	B-A Final

NATIO	NATIONAL TEAMS: OPEN POOL COMPETITION: DAY 1 FINALS			
Time	Gender Event Type			
	Victory Ceremony 100m Rescue Medley Men & Women			
	Victory Ceremony 100m Manikin Tow with Fins Men & Wome		Men & Women	
	Victory Ceremony 4 x 50m Mixed Pool Lifesaver Relay Mixed			
End of	End of Day 1 Proceedings			

FRIDAY: 30 AUGUST

NATIONAL TEAMS: OPEN POOL COMPETITION: DAY 2

BRIEFINGS	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Referee
07h15	Technical Officials daily briefing by Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

NATION	NATIONAL TEAMS OPEN POOL COMPETITIONS: DAY 2 HEATS			
Time	Gender	Event	Туре	
06h30	Warm-up in the co	mpetition pool		
07h30	Marshalling comm	ence		
08h00	Female	100m Manikin Carry with Fins	Heats	
	Male	100m Manikin Carry with Fins	Heats	
	Female	50m Manikin Carry	Heats	
	Male	50m Manikin Carry	Heats	
	Female	4 x 25m Manikin Relay	Heats	
	Male	4 x 25m Manikin Relay	Heats	
	Female	200m Super Lifesaver	Heats	
	Male	200m Super Lifesaver	Heats	
	Female	4 x 50m Medley Relay	Heats	
	Male	4 x 50m Medley Relay	Heats	
End of S	End of Session			

NATION	NATIONAL TEAMS: OPEN POOL COMPETITIONS: DAY 2 FINALS			
Time	Gender	Event	Туре	
13h00	Warm-up in the	competition pool		
13h45	Preparation of p	loool		
14h00	Marshalling con	nmence		
	Women	100m Manikin Carry with Fins	B-A Final	
	Men	100m Manikin Carry with Fins	B-A Final	
	Women	50m Manikin Carry	B-A Final	
	Men	50m Manikin Carry	B-A Final	
	Victory Cerem	ony 100m Manikin Carry with Fins		
	Women	4 x 25m Manikin Relay	B-A Final	
	Men	4 x 25m Manikin Relay	B-A Final	
	Victory Ceremony 50m Manikin Carry			
	Women	200m Super Lifesaver	B-A Final	

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NATION	NATIONAL TEAMS: OPEN POOL COMPETITIONS: DAY 2 FINALS			
Time	Gender Event Type			
	Men	200m Super Lifesaver:	B-A Final	
	Victory Ceremon	y 4 x 25m Manikin Relay		
	Women	4 x 50m Medley Relay	B-A Final	
	Men	4 x 50m Medley Relay	B-A Final	
End of Co	End of Competition - Day 2			
	Victory Ceremon	y 200m Super Lifesaver	Men & Women	
	Victory Ceremon	y 4 x 50m Medley Relay	Men & Women	
	Victory Ceremony Grand Aggregate Open Pool Events			
	Closing of the National Teams Open Championships			
End of Na	End of National Teams Open Pool Competition Proceedings			

Notes:

- 1. Other than the initial marshalling and start times for each session all other listed times are indicative and for <u>event planning purposes only</u>. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.
- 2. The programme will be reviewed after entries have closed and may change due to conditions and exigencies of the situation and is subject to change.







NATIONAL TEAM YOUTH: POOL

Venue: Gold Coast Aquatic Centre Southport DATE: SATURDAY, 31st AUGUST to SUNDAY 1ST SEPTEMBER, 2024

PRELIMINARY COMPETITION PROGRAMME

- **Notes: 1.** There will be on-line briefing by the Chief Referee for Technical Officials and Team Managers. Details and date to be advised
 - **2.** There will be on-line briefings by the Safety Officer for Technical Officials. Details and date to be advised.

WEDNESDAY: 28th AUGUST

NATIONAL TEAMS YOUTH SERC COMPETITION

BRIEFINGS	
07h00	Safety Meeting
07h15	Daily Competition Committee Meeting
07h30	Technical Officials briefing by Chief Referee
08h00	Team Managers briefing by Chief Referee
After last event	EMC/LOC meeting

NATIONAL TEAMS YOUTH SERC COMPETITION		
Time	Event	Туре
08h00	Lock-up open for Youth Teams	·
08h30	Lockup closes Youth Teams Youth	
08h30	Preparation of pool and Test Run	
09h00	SERC for Youth Teams	Final
11h00	Victory Ceremony – National Youth Teams	
End of National Teams Youth SERC Competition		

SATURDAY: 31 AUGUST

NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 1

BRIEFINGS	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

Гime	Gender	Event	Туре
)6h30	Warm-up in the competition pool		
)7h30	Preparation of the pool		
)7h45	Marshalling commences		
)8h00	Women 200m Obstacle Swim		Heats
	Men	200m Obstacle Swim	Heats
	Women	4 x 50m Obstacle Relay	Heats
	Men	4 x 50m Obstacle Relay	Heats
	Women	Line Throw	Heats
	Men	Line Throw	Heats
Remova	I of obstacles	s, preparation of pool	
	Women	100m Rescue Medley	Heats
	Men	100m Rescue Medley	Heats
	Women	100m Manikin Tow with Fins	Heats
	Men	100m Manikin Tow with Fins	Heats
	Mixed	4 x 50m Mixed Pool Lifesaver Relay	Heats

NATION	NAL TEAMS Y	OUTH POOL COMPETITION: DAY 1 FINALS		
Time	Gender	Event	Туре	
13h00	Warm-up in the competition pool			
13h45	Marshalling commence			
14h00	Women	200m Obstacle Swim	B-A Final	
	Men	200m Obstacle Swim	B-A Final	
	Women	4 x 50m Obstacle Relay	B-A Final	
	Men	4 x 50m Obstacle Relay	B-A Final	
	Women	Line Throw	B-A Final	
	Men	Line Throw	B-A Final	
	Victory Ceremony 200m Obstacle Swim			
	Victory Ceremony 4 x 50m Obstacle Relay			
	Women	100m Rescue Medley	B-A Final	
	Men	100m Rescue Medley	B-A Final	
	Victory Ceremony Line Throw			
	Women	100m Manikin Tow with Fins	B-A Final	
	Men	100m Manikin Tow with Fins	B-A Final	
	Mixed	4 x 50m Mixed Pool Lifesaver Relay	B-A Final	
End of C	Competition -	Day 1		
	Victory Cere	Men & Women		
	Victory Cere	Men & Women		
	Victory Cere	Mixed		
End of [Day 1 Proceed	ings		

NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 2

BRIEFINGS	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

NATIONAL TEAMS YOUTH POOL COMPETITIONS: DAY 2 HEATS				
Time	Gender	Event	Туре	
06h30	Warm-up in the competition pool			
07h30	Preparation of pool			
07h45	Marshalling commence			
08h00	Women	100m Manikin Carry with Fins	Heats	
	Men	100m Manikin Carry with Fins	Heats	
	Women	50m Manikin Carry	Heats	
	Men	50m Manikin Carry	Heats	
	Women	4 x 25m Manikin Relay	Heats	
	Men	4 x 25m Manikin Relay	Heats	
	Women	200m Super Lifesaver	Heats	
	Men	200m Super Lifesaver	Heats	
	Women	4 x 50m Medley Relay	Heats	
	Men	4 x 50m Medley Relay	Heats	
End of \$	Session			
NATIO	NAL TEAMS YO	DUTH POOL COMPETITION: DAY 2 FINA	LS	
Time	Gender	Event	Туре	
13h00	Warm-up in the competition pool			
13h45	Marshalling commence			
14h00	Women	100m Manikin Carry with Fins	B-A Final	
	Men 100	100m Manikin Carry with Fins	B-A Final	
	Women	50m Manikin Carry	B-A Final	
	Men	50m Manikin Carry	B-A Final	
	Women	4 x 25m Manikin Relay	B-A Final	
	Men	4 x 25m Manikin Relay	B-A Final	
	Women	200m Super Lifesaver	B-A Final	
	Men	200m Super Lifesaver	B-A Final	
		200m Super Lifesaver 4 x 50m Medley Relay	B-A Final B-A Final	

NATIONAL TEAMS YOUTH POOL: VICTORY CEREMONY: DAY 2 TO BE HELD AT KURRAWA BEACH

Time	Event	Gender	
16h30	Victory Ceremony Youth 100m Manikin Carry With Fins	Men & Women	
	Victory Ceremony Youth 50m Manikin Carry	Men & Women	
	Victory Ceremony Youth 4 x 25m Manikin Relay	Men & Women	
	Victory Ceremony Youth 200m Super Lifesaver	Men & Women	
	Victory Ceremony Youth 4 x 50m Medley Relay	Men & Women	
	Victory Ceremony Grand Aggregate Youth Pool Events		
	Victory Ceremony Grand Aggregate Youth Pool, Ocean a	Ind Beach Events	
	Closing of the National Teams Open and Youth Champio	Championships	
	End of National Teams Open and Youth Championships		

Notes

- 1. Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.
- 2. This is a draft programme and subject to change.