





INTERCLUB TEAM OPEN: SERC & POOL

VENUE: GOLD COAST AQUATIC CENTRE, SOUTHPORT DATE: MONDAY, 2nd to THURSDAY, 5th SEPTEMBER, 2024

PRELIMINARY COMPETITION PROGRAMME

Notes: 1. There will be on-line briefing by the Chief Referee for Technical Officials and Team Managers. Details and date to be advised

2. There will be on-line briefings by the Safety Officer for Technical Officials. Details and date to be advised.

TUESDAY: 27th AUGUST

LWC OPENING CEREMONY		VENUE
16h00 – 18h00	Lifesaving World Championships Opening Ceremony	Kurrawa, Broadbeach

MONDAY: 2nd SEPTEMBER

INTERCLUB TEAMS OPEN SERC COMPETITION

BRIEFINGS	
06h30	Safety Meeting
06h45	Daily Competition Committee Meeting
11h00	Team Managers briefing by Chief Referee
11h15	Technical Officials briefing by Chief Referee
11h30	Opening of Interclub Open Championships
After last event	EMC/LOC meeting

INTERCLUB TEAMS OPEN SERC COMPETITION			
Time	Event	Type	
11h00	Team Managers briefing by Chief Referee		
11h15	Technical Officials briefing by Chief Referee		
11h30	Opening of Interclub Open Championships		
11h45	Lock-up open for Open Teams		
12h00	Lock-up closes Open Teams		
12h00	Preparation of pool and Test Run		
12h30	SERC for Open Teams	Heats	
15h00	End of Session		
15h30	Lock-up commences for Open Teams finalists		
15h45	Lock-up closes Open Teams finalists		
15h45	Technical Official briefing by Chief Referee		
15h30	Preparation of pool and Test Run		
16h30	SERC final for Open Teams	Final	
17h30	Victory Ceremony – Interclub Open Teams	·	
End of Interclub Teams Open SERC Proceedings			

INTERCLUB TEAMS OPEN POOL COMPETITION: DAY 1

BRIEFINGS	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

INTERCLUB TEAMS OPEN POOL COMPETITION: DAY 1 HEATS				
Time	Gender	Event	Туре	
06h30	Warm-up in	the competition pool	·	
07h30	Marshalling	commences		
08h00	Women	200m Obstacle Swim	Heats	
	Men	200m Obstacle Swim	Heats	
	Women	4x50m Obstacle Relay	Heats	
	Men	4x50m Obstacle Relay	Heats	
	Women	Line Throw	Heats	
	Men	Line Throw	Heats	
	Removal of	f obstacles, preparation of pool		
	Women	100m Manikin Tow with Fins	Heats	
	Men	100m Manikin Tow with Fins	Heats	
End of Sessi	ion			

INTERCLU	JB TEAMS OF	EN POOL COMPETITION: DAY 1 FINALS			
Time	Gender	Event	Туре		
13h00	Warm-up iı	n the competition pool	·		
13h45	Marshalling	commences			
14h00	Women	200m Obstacle Swim	B-A Final		
	Men	200m Obstacle Swim	B-A Final		
	Women	4x50m Obstacle Relay	B-A Final		
	Men	4x50m Obstacle Relay	B-A Final		
	Women	Line Throw	B-A Final		
	Men	Line Throw	B-A Final		
	Removal	Removal of obstacles, preparation of pool			
	Victory Co	eremony 200m Obstacle Swim	Men & Women		
	Victory Co	eremony 4x50m Obstacle Relay	Men & Women		
	Women	100m Manikin Tow with Fins	B-A Final		
	Men	100m Manikin Tow with Fins	B-A Final		
	Victory Co	eremony Line Throw	Men & Women		
	Victory Co	eremony 100m Manikin Tow with Fins	Men & Women		
End of Da	y 1 Proceedin	gs	,		

INTERCLUB TEAMS OPEN POOL COMPETITION: DAY 2

BRIEFINGS	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

Time	Gender	Event	Type
06h30	Warm-up i	n the competition pool	
07h30	Marshallin	g commences	
08h00	Women	50m Manikin Carry	Heats
	Men	50m Manikin Carry	Heats
	Women	4 x 25m Manikin Relay	Heats
	Men	4 x 25m Manikin Relay	Heats
	Men	200m Super Lifesaver	Heats
	Women	200m Super Lifesaver	Heats
	Women	4 x 50m Medley Relay	Heats
	Men	4 x 50m Medley Relay	Heats

INTERCL	UB TEAMS O	PEN POOL COMPETITION: DAY 2 FINAL	S
Time	Gender	Event	Туре
13h00	Warm-up i	n the competition pool	<u>.</u>
13h45	Marshallin	g commences	
14h00	Women	50m Manikin Carry	B-A Final
	Men	50m Manikin Carry	B-A Final
	Women	4 x 25m Manikin Relay	B-A Final
	Men	4 x 25m Manikin Relay	B-A Final
	Women	200m Super Lifesaver	B-A Final
	Men	200m Super Lifesaver	B-A Final
	Victory Ceremony 50m Manikin Carry		Men & Women
	Victory Co	eremony 4 x 25m Manikin Relay	Men & Women
	Women	4 x 50m Medley Relay	B-A Final
	Men	4 x 50m Medley Relay	B-A Final
End of Co	mpetition - Da	ny 2	'
	Victory Co	eremony 200m Super Lifesaver	Men & Women
	Victory Co	eremony 4 x 50m Medley Relay	Men & Women
End of Da	ay 2 Proceedir	ngs	'

INTERCLUB TEAMS OPEN COMPETITION: DAY 3

BRIEFINGS	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

INTERCLUB TEAMS OPEN POOL COMPETITION: DAY 3 HEATS			
Time	Gender	Event	Type
06h30	Warm-up i	n the competition pool	
07h30	Marshalling	g commences	
08h00	Women	100m Manikin Carry with Fins	Heats
	Men	100m Manikin Carry with Fins	Heats
	Women	100m Rescue Medley	Heats
	Men	100m Rescue Medley	Heats
Rest	·		
	Mixed	4 x 50m Mixed Pool Lifesaver Relay	Heats
End of Se	ession	·	

INTERCL	UB TEAMS OP	EN POOL COMPETITION: DAY 3 FINALS	
Time	Gender	Event	Туре
13h00	Warm-up in	the competition pool	
13h45	Marshalling	commences	
14h00	Women	100m Manikin Carry with Fins	B-A Final
	Men	100m Manikin Carry with Fins	B-A Final
	Men	100m Rescue Medley	B-A Final
	Women	100m Rescue Medley	B-A Final
	Victory Cer	remony 100m Manikin Carry with Fins	
	Mixed	4 x 50m Mixed Pool Lifesaver Relay	B-A Final
End of Co	mpetition - Day	/ 3	
15h00	Victory Cer	remony 100m Rescue Medley	Men & Women
	Victory Cer	remony 4 x 50m Mixed Pool Lifesaver Relay	Mixed
		remony Grand Aggregate Open Pool Events nitz Memorial Trophy	
End of Da	ay 3 Interclub O	pen Pool Proceedings	

Notes:

- Other than the initial marshalling and start times for each session all other listed times are indicative and for <u>event planning purposes only</u>. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.
- 2. The programme will be reviewed after entries have closed and may change due to conditions and exigencies of the situation and is subject to change.







INTERCLUB TEAM YOUTH: POOL

VENUE: GOLD COAST AQUATIC CENTRE SOUTHPORT DATE: FRIDAY, 6th to SUNDAY, 8th SEPTEMBER, 2024

PRELIMINARY COMPETITION PROGRAMME

Notes: 1. There will be on-line briefing by the Chief Referee for Technical Officials and Team Managers. Details and date to be advised

2. There will be on-line briefings by the Safety Officer for Technical Officials. Details and date to be advised.

MONDAY: 2nd SEPTEMBER

INTERCLUB TEAMS OPEN AND YOUTH SERC COMPETITION

BRIEFINGS	
06h30	Safety Meeting
06h45	Daily Competition Committee Meeting
07h00	Team Managers briefing by Chief Referee
07h30	Technical Officials briefing by Chief Referee
08h00	Opening of Interclub Youth Championships
After last event	EMC/LOC meeting

INTERCLUB TEAMS YOUTH SERC COMPETITION				
Time	ne Event Type			
08h15	Lock-up open for Youth Teams			
08h30	Lockup closes Youth Teams			
08h30	Preparation of pool and Test Run			
09h00	SERC final for Youth Teams	Final		
11h00 Victory Ceremony – Interclub Youth Teams				
End of Interclub Youth SERC Competition				

FRIDAY: 6th SEPTEMBER

INTERCLUB TEAMS YOUTH POOL COMPETITION: DAY 1

BRIEFINGS	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

INTERCLUB TEAMS YOUTH POOL COMPETITION: DAY 1 HEATS				
Time	Gender	Event	Туре	
06h30	Warm-up in	the competition pool		
07h30	Marshalling	commences		
08h00	Women	200m Obstacle Swim	Heats	
	Men	200m Obstacle Swim	Heats	
	Women	4x50m Obstacle Relay	Heats	
	Men	4x50m Obstacle Relay	Heats	
	Women	Line Throw	Heats	
	Men	Line Throw	Heats	
	Removal of obstacles, preparation of pool			
	Women	100m Manikin Tow with Fins	Heats	
	Men	100m Manikin Tow with Fins	Heats	
End of Session				

INTERCLUB TEAMS YOUTH POOL COMPETITION: DAY 1 FINALS					
Time	Gender	Event	Туре		
13h00	Warm-up i	n the competition pool			
13h45	Marshalling	g commences			
14h00	Women	200m Obstacle Swim	B-A Final		
	Men	200m Obstacle Swim	B-A Final		
	Women	4x50m Obstacle Relay	B-A Final		
	Men	4x50m Obstacle Relay	B-A Final		
	Women	Line Throw	B-A Final		
	Men	Line Throw	B-A Final		
	Removal	Removal of obstacles, preparation of pool			
	Victory Co	eremony 200m Obstacle Swim	Men & Women		
	Victory Co	eremony 4x50m Obstacle Relay	Men & Women		
	Women	100m Manikin Tow with Fins	B-A Final		
	Men	100m Manikin Tow with Fins	B-A Final		
	Victory Co	Men & Women			
	Victory Co	Men & Women			
End of Da	ay 1 Proceedin	gs			

SATURDAY: 7th SEPTEMBER

INTERCLUB TEAMS YOUTH POOL COMPETITION: DAY 2

BRIEFINGS	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

INTERCLUB TEAMS YOUTH POOL COMPETITION: DAY 2 HEATS				
Time	ime Gender Event Type			
06h30	Warm-up in the competition pool			
07h30 Marshalling commences				

INTERCLUB TEAMS YOUTH POOL COMPETITION: DAY 2 HEATS				
Time	Gender	Event	Type	
08h00	Women	50m Manikin Carry	Heats	
	Men	50m Manikin Carry	Heats	
	Women	4 x 25m Manikin Relay	Heats	
	Men	4 x 25m Manikin Relay	Heats	
	Men	200m Super Lifesaver	Heats	
	Women	200m Super Lifesaver	Heats	
	Women	4 x 50m Medley Relay	Heats	
	Men	4 x 50m Medley Relay	Heats	
End of Se	End of Session			

INTERCLUB TEAMS YOUTH POOL COMPETITION: DAY 2 FINALS			
Time	Gender	Event	Туре
13h00	Warm-up in	the competition pool	
13h45	Marshalling	commences	
14h00	Women	50m Manikin Carry	B-A Final
	Men	50m Manikin Carry	B-A Final
	Women	4 x 25m Manikin Relay	B-A Final
	Men	4 x 25m Manikin Relay	B-A Final
	Women	200m Super Lifesaver	B-A Final
	Men	200m Super Lifesaver	B-A Final
	Victory Cer	emony 50m Manikin Carry	Men & Women
	Victory Cer	remony 4 x 25m Manikin Relay	Men & Women
	Women	4 x 50m Medley Relay	B-A Final
	Men	4 x 50m Medley Relay	B-A Final
End of Comp	oetition - Day	2	
	Victory Cer	emony 200m Super Lifesaver	Men & Women
	Victory Ceremony 4 x 50m Medley Relay		Men & Women
End of Day	2 Proceeding	JS .	

SUNDAY 8th SEPTEMBER

INTERCLUB TEAMS YOUTH COMPETITION: DAY 3

BRIEFINGS	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

INTERCLUB TEAMS OPEN POOL COMPETITION: DAY 3 HEATS					
Time	Gender	Event	Type		
06h30	Warm-up in	Warm-up in the competition pool			
07h30	Marshalling of	Marshalling commences			
08h00	Women	100m Manikin Carry with Fins	Heats		
	Men	Men 100m Manikin Carry with Fins Heats			
	Women	100m Rescue Medley	Heats		

INTERCLUB TEAMS OPEN POOL COMPETITION: DAY 3 HEATS					
Time	Gender Event Type				
	Men	100m Rescue Medley	Heats		
Rest	Rest				
	Mixed 4 x 50m Mixed Pool Lifesaver Relay Heats				
End of S	End of Session				

Time	Gender	Event	Type	
12h00	Warm-up ir	Warm-up in the competition pool		
12h45	Marshalling	Marshalling commences		
13h00	Women	100m Manikin Carry with Fins	B-A Fina	
	Men	100m Manikin Carry with Fins	B-A Fina	
	Men	100m Rescue Medley	B-A Fina	
	Women	100m Rescue Medley	B-A Fina	
	Mixed	4 x 50m Mixed Pool Lifesaver Relay	B-A Fina	

INTERCLUB YOUTH TEAMS: VICTORY AND CLOSING CEREMONY TO BE HELD AT KURRAWA BEACH				
16h30	Victory Ceremony 100m Manikin Carry with Fins	Men & Women		
	Victory Ceremony 100m Rescue Medley	Men & Women		
	Victory Ceremony 4 x 50m Mixed Pool Lifesaver Relay	Mixed		
	Victory Ceremony Grand Aggregate Youth Pool Events	Men & Women		
	Victory Ceremony Grand Aggregate Youth Pool, Ocean and Beach Events			

Notes:

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- 2. The programme will be reviewed after entries have closed and may change due to conditions and exigencies of the situation and is subject to change.